



NSW DIVISION END OF YEAR BREAKFAST

Bel Canto resonance and benefits of singing

Date: Tuesday, 13 December 2016

Venue: AECOM
Level 21, 420 George Street, Sydney

Time: 7:15 am for 7:30 am breakfast, followed by talk

Speaker: Lurelle Alefounder - Soprano

RSVP: AAS members (and guests upon request) are welcome to attend.
A \$25 charge will apply for non-members to cover breakfast costs.

FOR CATERING REQUIREMENTS WE REQUIRE ALL ATTENDING TO RSVP.

Please **RSVP by Friday 2 December 2016** to Angus Leslie by email angus.leslie@aecom.com. Please advise of any dietary requirements with your RSVP.



Hearing and making primal sounds activates our emotional motor system. These are sounds that are 'hard wired' into our brains – they were not taught to us as speech sounds were. Examples of primal sounds are crying, laughing, sighing, screaming. Every one of us exhibits primal sounds in our voices, especially when we are feeling emotional. These sounds are primitive and are controlled and stimulated by the areas of the brain that developed early in our evolution. If we sing with 'emotional connectedness' then we are more able to let the primal sounds show in our voices, and those who listen will be able to connect with the emotion of the song.

Bel Canto technique offers a real understanding of the importance of excellent breathing coordination, inhaling and compressing the voice, maximum resonance (Chiaroscuro) - the yawn or open throat (La Gola Aperta) and nasal resonance (La Maschera) smooth legato line, a healthy vocal onset so you don't sing on the throat thus avoiding any damage to the vocal chords, and a real understanding of vocal pedagogy.

After completing her studies at the Wellington Conservatorium of Music, Lurelle won the Television New Zealand Young Achievers Award which led her to further her Masters at the Royal Northern College of Music (Manchester) and Guildhall School of Music (London). Following her studies, she went on contract with Welsh National Opera then became a freelance artist and was fortunate enough to sing at some major opera houses in Europe. As a young student Lurelle was a finalist in the McDonald's Aria Competition at the Sydney Opera House. She also went on to win the Countess of Munster Musical Trust Award.

After moving from Europe to Sydney in 2011, Lurelle taught singing at The Music Practice in Surry Hills. In January 2013 she opened her own Singing School at the E.J.Ward Paddington Community Centre. In addition to singing, she teaches individuals how to develop effective public speaking and social skills.