



## NSW DIVISION END OF YEAR BREAKFAST

### Using web-based tools to raise awareness of noise in the community

**Date:** Wednesday 17 December 2014

**Venue:** AECOM  
Level 21, 420 George Street, Sydney

**Time:** 7:15 am for 7:30 am breakfast, followed by talk

**Speaker:** Dr Elizabeth Beach, Research Psychologist, National Acoustics Laboratories

**RSVP:** Friday 12 December to Tracy Gowen by email [tgowen@renzotonin.com.au](mailto:tgowen@renzotonin.com.au)  
AAS members (and guests) are welcome to attend.



How do you spend your time when you're not at work? Have you ever wondered whether the activity you are engaged with during your leisure time is a risk to your hearing health?

NAL and the HEARing CRC are increasingly seeking ways i) to translate our hearing loss prevention research findings and ii) promote noise awareness and hearing health via electronic and online methods. The aim is to translate our research work into tools that are broadly accessible to both researchers and the general public regardless of location.

This presentation will discuss some recently developed online initiatives, including the NOISE database, which allows researchers to access and contribute to its collection of 900+ noise level measurements obtained at a wide range of different leisure activities in Australia and across the globe. We will also introduce our 'Know Your Noise' website aimed at young adults. The site allows anyone to learn more about the consequence of their noise exposure through the Noise Risk Calculator and other elements of the site.

Dr Elizabeth Beach is a Research Psychologist with the National Acoustic Laboratories. She began working in the area of Hearing Loss Prevention in 2009 after completing undergraduate studies in Linguistics and Psychology at the University of Sydney, and a PhD in Psychology at UWS. Her main area of research is leisure noise, its contribution to overall noise exposure and how it might be affecting our hearing acuity. She has a particular interest in noise exposure in the music and entertainment industries.